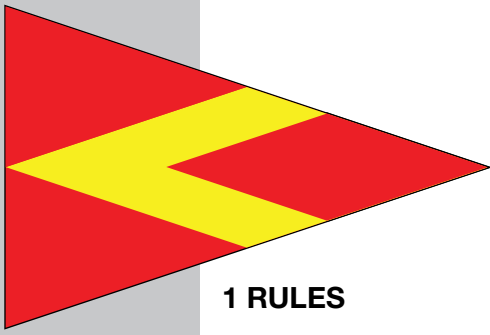


LaSalle Mariners Yacht Club

48th Annual Shakedown Race

May 18, 2024

Sailing Instructions



2024 - SHAKEDOWN - SAILING INSTRUCTIONS

1 RULES

1.1 This regatta shall be governed by the rules as defined in the Racing Rules of Sailing 2021-2024(RRS), except where modified by the Notice of Race and Sailing Instructions. The Prescriptions of Sailing Canada shall apply. These can be found at www.sailing.ca

1.2 The Essex County Phrf (ECPHRF) class rules apply.

1.3 PHRF boats unable to meet the ECPHRF class rules minimum crew requirement must race in the PHRF Short Handed Division.

1.4 The equipment rules of sailing shall be used.

www.sailing.org/documents/equipment/rules/index.php

1.5 The Canadian Shipping Act - Small Vessel Regulation (required safety equipment) shall apply laws-lois-justice.gc.ca/eng/regulations/SOR-2010-91

1.6 Boats shall carry proper sail numbers on main sails, spinnakers and any head sails attached having a luff perpendicular exceeding 130%. Boats without proper sail numbers attached may be subject to protest.

1(a) PHRF SHORT HANDED RULES

1(a).1 Section 1 “**RULES**” shall apply with the exception noted in 1(a).2.

1(a).2 Boats shall race with a maximum of 2 persons onboard.

1(a).3 The use of a self steering device is permitted.

1(a).4 Boats in the Short Handed Division are not eligible for the Avco Cup.

2 NOTICES TO COMPETITORS

2.1 Notices to competitors shall be posted on the official notice board inside the LaSalle Mariners Yacht Club. Notices will also be posted at noticeofrace.net and lasallemariners.ca

3 CHANGES TO SAILING INSTRUCTIONS

3.1 Any change to the sailing instructions will be posted before 0700 on Saturday May 18, 2024, on the official notice board inside LMYC. Changes will also be posted on noticeofrace.net

4 SCHEDULE OF RACES AND CLASS FLAGS

4.1 The warning signal for the first class is scheduled for 0855AM.

4.2 The class starting order and pennant/flag colours are as follows:

Class	Pennant/Flag Colour
JOG/JAM	WHITE
PHRF C	ORANGE
PHRF B	GREEN
PHRF A	YELLOW
PHRF SHORT HANDED	PINK

4.3 Class Flags/Pennants (not smaller than 6"x6") shall be displayed from the after most backstay at least 6 feet above the deck. Boats without a proper flag may be subject to protest.

4.4 Ratings for splits shall be posted by 20:00hrs on Friday May 17, 2024, at LMYC on the official notice board. Ratings for splits will also be posted on [noticeofrace.net](https://www.noticeofrace.net) and on [lasallemariners.ca](https://www.lasallemariners.ca) Please check to verify splits.

5 COURSE AND MARKS

5.1 The Starting line will be off Bar Point and Willow Beach. (Approx 3/4 nm easterly of permanent light tower 33D). The Race Committee boat will be on station at approximately 42.02.3802.N x 083.06.785.W .

5.2 The approximate course is shown on the diagram on Attachment C

5.3 The course distance is 26NM.

5.4 For this race it is **NOT** necessary to leave North Bass Island Red Nun Buoy #2 to port.

6 THE START

6.1 Races shall be started using RRS 26

6.2 The starting line will be between a staff displaying an orange flag on the committee boat and the course side of the mark to the east of the race committee boat.

7 THE FINISH

7.1 The finish line will be between a staff displaying a blue flag on the race committee vessel and the course side of a flag pole in Middle Bass Island, leaving the Race Committee Vessel to starboard. The race committee vessel is scheduled to be on station at 41.080.050N x 82.48.500W (approximately 2nm south of the ferry dock on Middle Bass Island). In the event that the race committee boat is not on station, competitors are instructed to sail to the above co-ordinates and record their finish time using a GPS clock. Finish times may then be handed into the race chairman at Millers Marina.

8 TIME LIMITS

8.1 There shall be no time limit. The race committee may leave the station 8 hours after the warning signal is made. All boats finishing after this time, must take their own time no report it to the race committee.

9 PROTESTS AND REQUESTS FOR REDRESS

9.1 Hearing request forms will be available from the race committee at the finish line.

9.2 For each class the protest time limit is 60 minutes after the last boat has finished.

9.3 Notices will be posted no later than 30 minutes after the protest time limit to inform the competitors of hearings in which they are parties or named as witnesses and where the hearings will be held.

9.4 All provisions of RRS60 shall apply. Awards for any class and the overall race will not be presented where a pending protest may affect an award place.

9.5 Notice of protests by the race committee, or protest committee will posted to inform boats under RRS 61.1(b)

10 INSURANCE

10.1 Each participating boat shall be insured with valid third-party insurance. Proof of insurance shall be provided as part of the registration requirements.

11 DISCLAIMERS OF LIABILITY

11.1 Competitors participate in this regatta entirely at their own risk. See RRS 3 Decision to race. The organizing authority will not accept any liability for material damage, or personal injury, or death sustained in conjunction with, prior to, during, or after the regatta.

12 RADIO COMMUNICATIONS

- 12.1 The race committee will monitor VHF Channel 68.
- 12.2 While racing, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats. This restriction also applies to mobile telephones.
- 12.3 If a boat retires from the race, it is the boats responsibility to inform the race committee as soon as safely possible, preferably over VHF channel 68. If a boat receives no response from the RC, the boat may then reach out via email to lmycracing@gmail.com or via text/phone to (519)562-7210.

13 CUSTOMS

- 13.1 Skippers are responsible for making sure they follow the proper customs procedures for their boat and crew. The organizers of this regatta and LMYC are not responsible if the procedures change.
- 13.2 If you possess a valid I68 or Nexus card, you must call customs upon arrival at 1-888-523-2628. If you are using the videophone system (near the public washrooms), all that is required to enter is a passport. Canadian boats returning to Canada must call 1-888-CAN-PASS at a designated port of entry. The Can Pass app may also be used.

14 FURTHER INFORMATION

- 14.1 For further information, please reach out to Regatta Chairperson Rob Ferguson on facebook messenger, at rob.ferguson@publicboard.ca or lmycracing@gmail.com

ATTACHMENT A

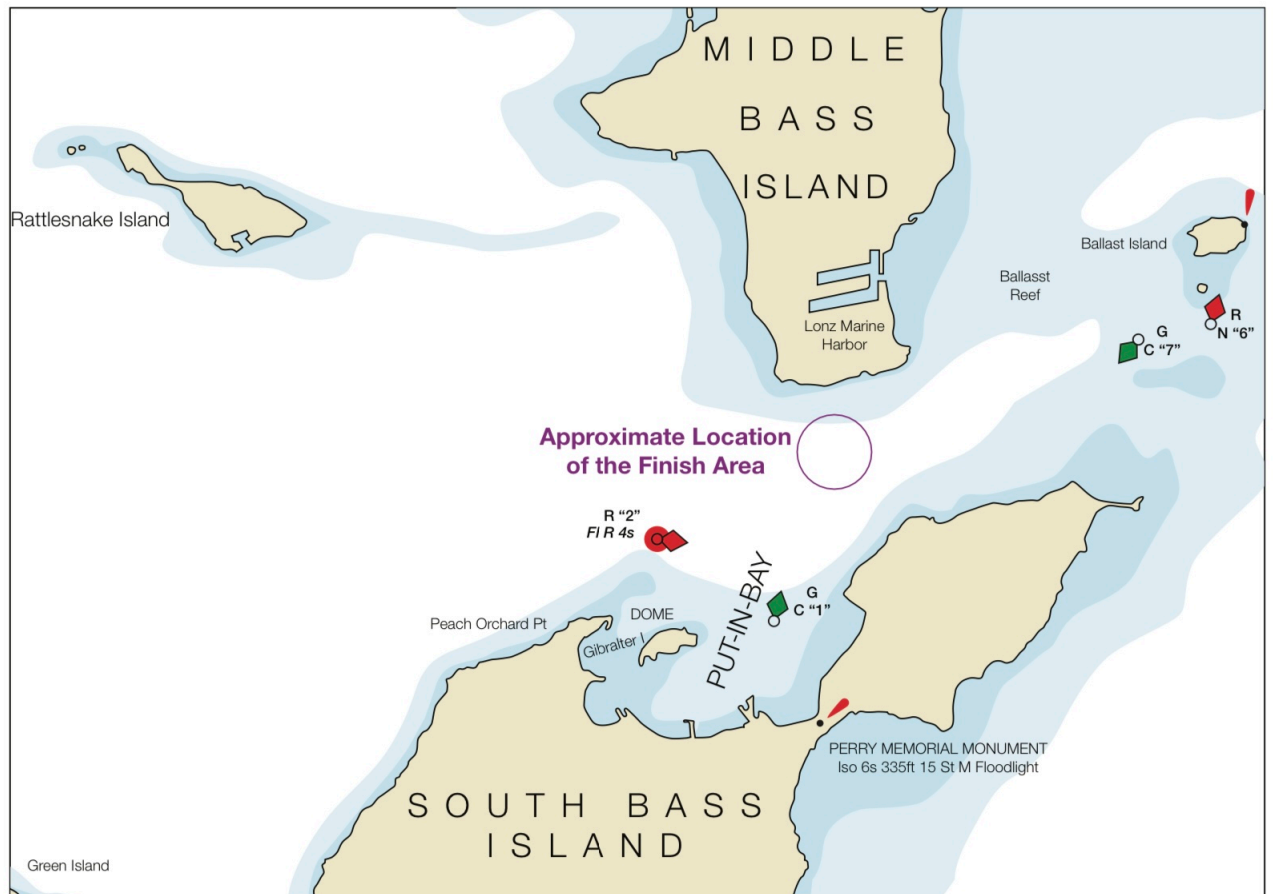
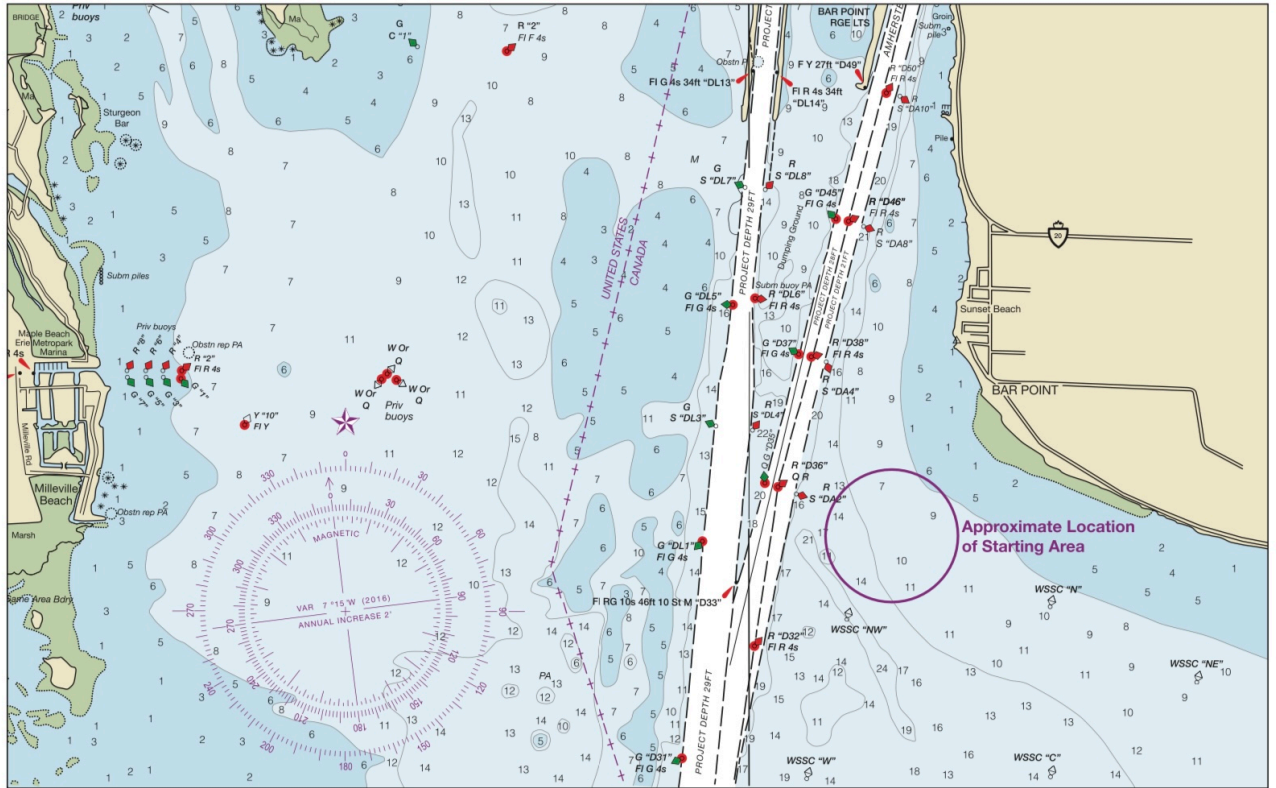
Shows the location of LMYC



SHAKEDOWN - SAILING INSTRUCTIONS - 2024

ATTACHMENT B

Shows the chart locations of the racing start and finish areas.



ATTACHMENT C

The diagram in attachment C shows the approximate course.

